

Colchester Parks & Recreation Commission

August 2, 2010

Recreation Complex

7:00 p.m.

Members Present: S. O'Leary, E. Kundahl, L. Dimock, C. Ferrante, M. Kennedy, N. Kaplan and L. Stephenson (7:40pm),

Members Absent: J. Barr, C. Williams and A. Spranzo

Others Present: Jay Cohen, Parks and Recreation Director, Greg Cordova, BOS Liaison, Mitch Koziol, BOE Liaison and Tracy Loskant

1. **Call to Order:** Chairman O'Leary called the meeting to order at 7:00 p.m.
2. **Citizen's Comments:** None
3. **Acceptance of the June 7, 2010 Regular Meeting Minutes:** N. Kaplan motioned to approve the minutes of the October 5, 2010 meeting amending the spelling of LosKaut to Loskant in Others Present and in Item 5, Facilities, seconded by E. Kundahl. All members present voted in favor. **MOTION CARRIED.**
Acceptance of the Special June 22, 2010 Meeting Minutes: E. Kundahl motioned to approve the minutes of the Special June 22, 2010 meeting, seconded by C. Ferrante. L. Dimock and S. O'Leary abstained. All other members voted in favor. **MOTION CARRIED.**
4. **Reading of Correspondence:** J. Cohen presented copies of the quarterly issue of CRPA magazine to commission members.
5. **Committee Reports:**
 - **Facilities:** None
 - **Finance/Administration:** None
 - **Programs:** None
 - **BOS Liaison:** G. Cordova reported that Greg Shuster, First Selectman, will be distributing information on "what's happening in town" on a regular basis. The commission agreed they would like to be included in the distribution and asked that it be sent through the commission e-mail.
 - **BOF Liaison:** Not Present
 - **BOE Liaison:** None
 - **Dog Park:** Grand Opening a success. Park is being well used with only positive reports to date. Engraved bricks to be installed in the next week or two. Dog Park Committee is maintaining the park, not the town.
 - **Senior Center Study Group:** Not Present

C. Ferrante motioned to accept all committee reports, seconded by M. Kennedy. All members present voted in favor. **MOTION CARRIED.**

6. **Discussion and Possible Action on Senior Fitness Components at Park:** J. Cohen introduced the topic stating it should be a discussion item only at this time. He has been in contact with a company that designs exercise fitness stations that can be placed along walking trails. Each station is 3 sided and requires a 10 x 10 concrete pad, and will be designed for use by senior citizens, though anyone will benefit from use. With a goal of attracting more senior citizens to the Recreation Complex he recommends installing four along the walking path, if appropriate locations can be determined. J. Cohen said it could be a potential sponsored item. The exercise

stations will be available at the 57 Fest for viewing and testing. While we are under no obligation to purchase them, the company has agreed to build them to our specifications and has offered a discount of 30% if we purchase them. Tracy Loskant recommended contacting Harrington Court and Apple Rehab and let them know the stations will be available for testing at the 57 Fest. Many senior citizens go for rehab at these locations and it would be a great way to spread the information and get more people to test the equipment. The commission agreed it would be a great addition to the Recreation Complex.

7. **Discussion and Possible Action on Commission's Role at 57 Fest:** No action taken. J. Cohen requested commissioners to consider being present at the 57 Fest, possibly answering questions or handing out information. Anyone interested can contact him.
 8. **Discussion of Update on R8 Project:** J. Cohen reported the work began towards the end of June. The contractor spread 110 yards of soil, creating a well-graded, crowned surface, and then seeded it. There have been a few problems encountered. The heat killed off much of the new grass despite fixing the irrigation system and then using sprinklers when the level of the pond was too low to use the irrigation. Another seeding will be done next week using a new seed, regenerating rye, which grows quickly and has spreading and filling capabilities. The town is paying for the supplies and the contractor is doing the work free of charge. Many of the weeds were handpicked by the federally subsidized workers the town has right now and the remainder of the weeds will be addressed after the new seed is established. Youth football and lacrosse contributed funds to the project. Also, baseball, soccer and football worked together to help alleviate some of the overuse of R8 by agreeing to share space on the upper fields once R8 reopens on September 15th. Tracy Loskant asked if there was a plan to close R8 for the entire year. Although a year long closing was mentioned at the last meeting, the commission does not plan to close the field for a year.
 9. **Director's Report:** J. Cohen presented his report. N. Kaplan motioned to approve the director's report as presented, E. Kundahl seconded the motion. All members present voted in favor. **MOTION CARRIED.**
 10. **Recreation Supervisor's Report (Quarterly):** None
 11. **General Comments:** None.
- The commission and others present took their annual walk around the recreation complex to discuss updates, improvements and/or problems. L. Stephenson joined the meeting at this time.
12. **Adjournment:** C. Ferrante motioned to adjourn the meeting, E. Kundahl seconded the motion. All members present voted in favor. **MOTION CARRIED.** Chairman O'Leary adjourned the meeting at 8:23 p.m.

Respectfully submitted,
Lynette Dimock
Parks & Recreation Secretary